THE 5TH ANNUAL



APPLICATION DEADLINE: SEPTEMBER 1, 2025

SEPTEMBER 27, 2025



About the Event

September is National Recovery Month, a time dedicated to raising awareness and educating Americans about how substance use treatment and mental health services can empower individuals to lead healthy, fulfilling lives. Each year, Nevada's Recovery and Prevention (NRAP) proudly honors this month by hosting the annual R5K Run/Walk and Recovery Celebration.

The NRAP Recovery Run/Walk and Celebration promotes community health and wellness, celebrates individuals in recovery, and helps reduce the stigma surrounding substance misuse/disorders. The R5K invites participants to walk or run in honor of someone impacted by substance use/misuse or mental health disorders, followed by a vibrant recovery celebration open to all.

The post-race celebration is free and welcomes everyone, whether or not they participated in the run. Attendees can enjoy food, family-friendly activities, and hear inspiring stories from local guest speakers and advocates in recovery. Additionally, community organizations will be on-site to share resources and present on topics relevant to recovery and wellness.



Why Support the R5K



Supporting the R5K directly contributes to creating a positive and inclusive environment for students in recovery or those choosing a substance-free lifestyle. Your financial support helps provide resources and programs that empower these students to thrive during their time at the University. Additionally, by supporting the R5K, you're helping NRAP reduce the stigma associated with non-substance use on college campuses, fostering a healthier, more supportive community for all.

All donations made to NRAP are tax deductible through The University of Nevada, Reno Foundation, a nonprofit 501(c)(3) organization (TIN: 94-2781749).

Event Venue



IDLEWILD PARK | RENO, NEVADA

Idlewild Park is a large, 49 acre community park close to downtown Reno, Nevada on the Truckee River. It includes a rose garden, duck ponds, two children's parks, a pool and a skate park. It holds the Reno Earth Day celebration every year and hosts the Reno Street Food food truck event through the summer months. It is also home to the historic California Building on Cowan Drive.

R5K History

2024

206	Participants in the 5K Run/Walk
27	Community Exhibitors
275+	Total Attendance
\$12,500+	Funds raised to support students in recovery at UNR

2023	
199	Participants in the 5K Run/Walk
15	Community Exhibitors
250+	Total Attendance
\$12,500+	Funds raised to support students in recovery at UNR

R5K History

2022

148	Participants in the 5K Run/Walk
10	Community Exhibitors
200+	Total Attendance
\$10,000+	Funds raised to support students in recovery at UNR

2021	
108	Participants in the 5K Run/Walk
6	Community Exhibitors
125+	Total Attendance
\$7,500+	Funds raised to support students in recovery at UNR



For more information visit www.nvrap.com/r5k or email <u>r5k@casat.org</u>

Memo Line: NRAP 5K Sponsor

To pay by credit card visit: <u>nvrap.com/r5k/sponsorship-options</u>